

Active Devon

Coach and Volunteer Education Programme

www.activedevon.org/courses

A Guide to Mentoring Sports Coaches

Workshop Summary:

Mentoring is a powerful tool in the education and development of sports coaches at all levels. This workshop will help you, as a mentor, to support coaches' learning and focus on how learning occurs. It provides coaches with tools (which are adequately flexible to fit within any mentoring framework) to record the relationships built through mentoring programmes.

By the end of this workshop, coaches will be able to:

- identify their role as a mentor
- develop their mentoring profile
- increase the effectiveness of their mentoring relationships by developing practical mentoring skills
- design a mentoring programme that best suits the needs of their sport and the level of coaching.

Target Audience:

UKCC Level 2 and 3 coaches, sports development officers, or individuals currently supporting the development of another coach.

Duration: 6.30pm – 9.30pm

Delivery Method: Theory

Cost: £35

Available Courses:	
Date TBC	Padbrook Park, Cullompton (TBC)
Date TBC	Plymouth/South Devon (TBC)

