

# JUNIOR THAI BOXING

for Confidence in School and Life

JUNIORS AGED 7 - 15YRS

North Tawton Rugby Club EX20 2ED

MONDAY's 6-7pm

Okehampton Pheonix Health Club EX20 1QQ

TUES & THURSDAY's 5-6pm

North Lew Victory Hall EX20 3NP

FRIDAY's 5.30pm -6.30pm

£3 PER SESSION

Your child will not only learn self defence with Thai Boxing but will build GOOD ATTITUDE, BEHAVIOUR, CONFIDENCE & CHARACTER in our fun and relaxed environment!

# ADULT THAI FIT

AGED 16+ YRS

£4 per session

NO ATTITUDE, NO BULLYING, NO INTIMIDATION

North Tawton Rugby Club EX20 2ED

MONDAY's 7.15PM -8.15pm

Okehampton Pheonix Health Club EX20 1QQ

TUES & THURSDAY's 8-9pm

(£4.50) Per Session

NO JOINING FEES! NO CONTRACTS!

All over body workout guaranteed to lose weight, tone up, and gain skills!



Christi Campbell

Christi Campbell is a local girl who is World Champion



Steve Pender

Steve has 16 years experience in Thai Boxing instructing, is fully qualified and has coached for Team GB in the World Muay Thai Federation Championships

In association with:



For more information contact:

Steve Pender 07811552906 or

Christi 07527002450